# INCLUSIVE ARTS PROGRAMS



Upbeat Arts engages, educates and empowers marginalised communities via tailored arts and cultural programs, creating pathways to well-being, education and employment.

Creativity is recognised as being beneficial to our mental health, and Upbeat Arts offers an exciting range of free programs each week.

The information provided below may change from time to time, please check our website for current details.

#### **SONG SCHOOL (SOUTH BRISBANE)**

Tuesday 10 to 11:30am

In Song School, we explore what it is that makes a great song and how to write your own.

### WORD ON THE STREET (SOUTH BRISBANE)

Tuesday 1 to 2:30pm

Word on the Street is a creative writing course that will help you find your voice on the page.

#### WORD ON THE STREET (ONLINE)

Monday 2 to 3:30pm

An opportunity to put pen to paper. With guided writing exercises, you'll build new skills from the comfort of your own environment.

# ABSOLUTELY EVERYBODY BRISBANE CHOIR (SOUTH BRISBANE)

Friday 10am to 12:30pm

Choir explores vocal skills, fun singing warm ups and songs, guests, projects and more.

## NEW NORTH BRISBANE CHOIR (NORTH BRISBANE)

Wednesday 10am to 12:30pm A new choir launching in 2022, and an opportunity to sing with like-minded people in a safe and fun environment

The programs are free to eligible clients, refer to website for details. Confirmation of venue will be provided on receipt of your application form.

#### REGISTER NOW AT UPBEATARTS.ORG.AU